
MESSAGE NOTES

Psalm 1

LIFEGROUPS

DISCUSSION GUIDE

COMPLETE THESE QUESTIONS IN PREPARATION FOR YOUR LIFE GROUP.
BRING THIS SHEET AND A BIBLE WITH YOU TO YOUR LIFE GROUP.



WARM UP

After you enjoyed worship on Sunday morning, you may also have enjoyed watching Super Bowl LIV (or not). **If you watched the game, what was the best commercial in your eyes? If you didn't watch the game, what did you do instead?**

Was there any one thing from this weekend's worship that stood out to you as challenging, intriguing, or valuable?

INTO GOD'S WORD

Pastor Lindloff discussed the blessing that Psalm 1 describes comes to the person whose "delight is in the law of the Lord." In this week's gospel reading from Matthew 5, Jesus also spoke of specific blessings. Explore some of those blessings further. In the table below (continued on the next page), for each verse listed think of those whom Jesus pinpoints, and explain in what way they will be blessed. One example is provided.

Verse	People Described	Manner of Blessing
3	The "poor in spirit" might be those who struggle in life, their spirits may be down, perhaps feeling tired and weighed down by the concerns of their life.	Jesus says that they will inherit the kingdom of heaven. They will no longer be poor, but incredibly spiritually rich. They will enjoy the tremendous outpouring of joyful blessings from God's hand.

Verse	People Described	Manner of Blessing
4		
6		
9		
10		

INTO MY LIFE

Pastor Lindloff's message focused on what we can do to enjoy our worship together. **Before hearing his message from Sunday, what aspects of worship and "coming to church" would you have said you liked?**

Reflecting on Pastor Lindloff's message, and the content of Psalm 1, has anything changed in your mind? Do you have a different perspective on what you can "like" about church?

What can you do to model the joy of worship for others (i.e. your children, your spouse, your friends that you have invited)?

As you look ahead and plan for next week, what steps will you take to be excited for worship and eager to come to church?

SHARING & PRAYER

Your prayer requests:

